



International Chinese Martial Arts Championship Rules

Each competitor or parent guardian where applicable must clearly mark each category division that they are entering; failure to clearly mark may result in non-entry for competition. One form is to be used per individual, including multiple categories i.e named individual may mark multiple categories using this application form within the Traditional Chinese Martial Arts Division. If paired or partner forms are being entered, individual forms must be completed for each person, clearly noting they are entering a partner form and submitted as individual forms attached together.

Category: 1= Beginner to 2 years, 2 = Intermediate 2-5 years, 3 Advanced 5 years +

Form Competition Requirements

Competitors please note the following requirements:

Footwork, should show clear root or connection to the ground, stances should not be overextended or unstable, use of waist and body should be seen, ging/geng energy of movement should be seen where applicable, eye and spirit/intention should be applied, Stamina ability to complete form with out looking out of breath, Rhythm, fluidity, smoothness, pace should be seen, Co-ordination and clarity of techniques should be shown.

Appendix –

Important please read – Submission of application forms means to agree and accept the conditions and rules as laid out here

1. Note the age restrictions and length of training/experience for under and over age and also length of training experience. Length of experience means total martial arts duration experience, not duration of the routine practiced”.
2. The organisers reserve the right where applicable to combine categories or divisions where there are a number lower than 4 competing in those categories – Any changes will be announced on the day
3. Tai Chi Chuan Forms must be no shorter than 3 minutes and no longer than 5 minutes 30 seconds. At the 5.30 mark a whistle or notification will be made that the performing time has passed, performers must close their form within 30seconds. Failure to do so will result in a point deduction will be made for each 10 seconds passed

4. Restrictions – Competitors will be disqualified if they enter the Traditional categories with any routine that does not clearly demonstrate traditional Chinese martial arts body skills or methods please ensure if your showing a modern stylised routine or a modern competition wu shu routine you enter those categories. Weapons must be of a substantial nature, i.e sword blades or any edged weapon must be of a solid look and feel, they may flex at the end but not bend, staff, spear, must be of reasonable thickness and length. Kwan Do, Dai Do, Pu Do etc must be solid blade weapons
5. Clothing Uniform: Each competitor must present them selves in appropriate attire, Plain Kung Fu trousers, martial arts or equivalent shoes and either or Kung Fu jacket , school uniform, T Shirt with school logo or kung fu demonstration uniform. Wearing a Japanese style karate gi or top is not acceptable
6. Protest/Complaints – Must be submitted to the Head Judges Table within 10 minutes of the performance with a fee of £10. If the complaint or protest is upheld the fee of £10 will be refunded, if the complaint or protest is overturned the fee of £10 will apply